Family & Consumer Sciences Middle School Standards
22200
Relationships

Course Description: Relationships will help students learn about Human Services career options through a variety of sources. Interactions with others helps students understand the development of personal identity. They will practice communication strategies and decision-making skills.

Suggested Grade Level: 6, 7, or 8

Topics Covered
- Careers
- Personal growth
- Communication styles
- Interpersonal relationships
- Decision making

Revised Bloom's Taxonomy	Standards and Examples
Indicator #1: Explain careers in Human Services.	
Understand	**R 1.1 Select a Human Services Cluster and Pathways to explore career options.** *Examples:* • Identify and classify various careers that employ human services graduates. • Interview guest speakers from various fields related to human services. • Observe careers in action through field trips.
Understand	**R 1.2 Classify knowledge and skills associated with the Human Services careers.** *Examples:* • Research regional and virtual help wanted ads to list qualifications required. • Interview a person in a career pathway and share learned skills using an online brainstorming program. • Create a public service announcement (PSA) or other advertisement that markets the knowledge and skills associated with one of the career pathways.

Indicator #2: Explain how personal growth influences relationships.	
Understand	**R 2.1 Summarize the effects of self-esteem and self-image within relationships.** *Examples:* • Share personality traits and discuss their effects on self-esteem. • Identify positive traits of each classmate. • Role-play friendship scenarios demonstrating the impact of external feedback on self-image.
Understand	**R 2.2 Explain individual needs within relationships.** *Examples:* • Write a newspaper ad listing the qualities of a desirable friend. • Prioritize individual needs and wants through a values auction. • Create a coat of arms to illustrate personal needs.
Understand	**R 2.3 Interpret personal standards and behaviors within relationships.** *Examples:* • Complete SD MyLife Learning Styles Assessment. • Write a response to a relationship obstacle as an advice columnist using personal standards. • Create a bumper sticker to illustrate a personal standard. • Implement a service project related to the STOP the Violence National FCCLA program.
Indicator #3: Analyze communication skills that contribute to relationships.	
Understand	**R 3.1 Explain communication styles and their effects on relationships.** *Examples:* • Take an inventory to identify personal communication style. • Play a matching activity to connect each communication style with the correct description and appropriate uses. • Work in teams to create a slide presentation showcasing different communication styles and their effects.
Analyze	**R 3.2 Differentiate verbal and nonverbal behaviors that contribute to communication.** *Examples:* • Practice working together using only nonverbal cues to achieve a common goal. • Create a Venn Diagram comparing and contrasting verbal and nonverbal communication. • Write a script watching a video with no sound.

Apply	**R 3.3 Implement listening and feedback techniques.**
	Examples: • Respond to class presentations through journal writing and asking questions. • Practice repeating what is heard in small group discussions. To demonstrate good listening skills • Create a comic strip demonstrating effective listening or feedback techniques.

Indicator #4: Apply strategies for building and maintaining interpersonal relationships.	
Understand	**4.1 Explain similarities and differences within interpersonal relationships.** *Examples:* • Utilize a team building activity to demonstrate the need for cooperation and compromise in group settings. • Prepare and present an illustrated talk related to building relationships with others. • Create posters listing steps to prevent or resolve conflicts.
Apply	**4.2 Implement decision making and problem solving strategies.** *Examples:* • Identify a major relationship decision and implement the steps of the decision-making process. • Apply problem solving strategies in peer to peer case scenarios. • Utilize decision making for goal setting and problem solving. • Plan an event on anti-bullying for elementary grades.